

Safe Minimum Cooking Temperature

Daily Dish Magazine



Fresh Pork 145
Fresh Ham 145
Ground Pork 160



Beef Steaks 145 with 3 minute Rest
Ground Beef 160



Lamb Chops 145 with 3 minute Rest
Ground Lamb 160



Turkey & Chicken Whole/Pieces 165
Ground Turkey & Chicken 165



**Fin Fish 145 or until flakes easy
with fork**